

DARE TO TRY SOMETHING NEW



COME TRY IT OUT YOURSELF

NO EXPERIENCE OR EQUIPMENT NEEDED.
MONDAYS 4:45-6:30 PM | HS BOYS ONLY
ALL-AMERICAN INDOOR SPORTS, LENEXA.

JAGSLAX

ONE CLUB. ONE VISION. ONE FAMILY.

[LINKTR.EE/JAGSLACROSSE](https://linktr.ee/jagslacrosse)

MILL VALLEY JAGUAR LACROSSE IS LOOKING FOR NEW PLAYERS

If you are an athlete looking for a spring sport that is fun, fast, and physical. Look no further. **JAGUAR LACROSSE IS FOR YOU.**



OPEN TO BOYS GRADES 9-12 | JV & VARSITY TEAMS

Pre-season practices are happening each Monday at All-American Indoor Sports in Lenexa. Come to a practice to learn what lacrosse & Jags Lax is all about.

NO EXPERIENCE, EQUIPMENT OR COMMITMENT REQUIRED

QUESTIONS & LET US KNOW YOU ARE COMING

MILLVALLEYLAX@GMAIL.COM
or text 913-709-3106

Follow us!



[LINKTR.EE/JAGSLACROSSE](https://linktr.ee/jagslacrosse)

We compete against local high school programs from the KC Metro, which includes Rockhurst, Pembroke Hill, St. Thomas Aquinas, Northland and more.



HIGH SCHOOL TRY BEFORE YOU BUY OPTION

SO I HAVE NEVER PLAYED LACROSSE BUT THIS IS INTERESTING...TELL ME MORE

First of all, welcome to the club. Lacrosse is a growing sport but one that most Midwest kids have never played. The good news is Lacrosse is possibly the best cross training sport out there and if you have ever played baseball, basketball, football or soccer you have more experience than you think. Lacrosse incorporates the hand eye coordination of baseball, the field spacing of soccer, the physicality of football and the ball movement of basketball. Sounds fun, right? It is.

OK, SO I AM INTERESTED.... NOW WHAT?

You should come try it out. Our high school program is currently in pre-season and we are working out once a week at All-American Indoor Sports. We are inviting any interested players to come to a practice, see what it is all about and learn a few fundamentals. We will equip you with all the gear you need, there is **NO FINANCIAL OBLIGATION AT ALL** to try it out. All we ask is you let a buddy who plays know, or reach out to Coach Mitts at 913-709-3106

TELL ME ABOUT THE SEASON...SO I KNOW WHAT I AM GETTING INTO...

We field both Varsity and JV teams, that play games in the spring. We practice daily after school at Garrett Park off of 47th St in Shawnee. Our games are during the week. Home games are usually at Mill Valley High School and away games are at opposing teams home stadiums.

Regular season practices start end of January. Games start the first weekend in March with a team trip to Arkansas, and then we play games 1-2x per week through the first week of May. If we make the play offs we will play through middle of May.

SO WHO IS ON THIS TEAM? ONLY MILL VALLEY STUDENTS?

Our team is comprised of students from the west side of the KC Metro. Currently we have players from Mill Valley, De Soto, SMNW, SMW, Piper, Bishop Miege, Lawrence High and Free State High Schools. We have rising players in our youth program from Basehor Linwood, KCK, and Lansing.

I HAVE MORE QUESTIONS...

That is great. We have answers. First of all visit our website www.jagslacrosse.com and if you don't find the answer call or text Coach Mitts at 913-709-3106. We want you to feel comfortable, informed and welcomed.



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